

Sniffles, Sneezes, Hiccups and Coughs

- 1** Look at the text inside the square brackets on page 8 and page 16: [DIE-ah-FRAM] and [FLEM]. What does this text show you? Do you find this helpful for unfamiliar words?
- 2** Turn to the picture on page 9. What can you see in the picture? How does the picture help you to understand the text? What do the labels do?
- 3** Read about Sneezes on pages 10–11. Describe the steps that cause you to sneeze.
- 4** Read about Coughs on pages 16–17. What is ‘phlegm’? Why does phlegm need to be cleared out of your body?
- 5** Look at the page on yawns (pages 24–25). What extra information does the text in the blue box give about yawning?
- 6** Turn to pages 28–29. What does the author think about the human body? Why do they think this? Do you agree?
- 7** Look at the index near the end of the book. Which pages would you turn to for information about the speed of sneezes? How would you find these pages in the book?

Answers

- 1** how to pronounce the words; answers will vary
- 2** The different parts of the body used for breathing; the picture shows you what the different parts look like and how they are connected; the labels show the name of each part.
- 3** The sticky mucus in your nose collects anything harmful; this makes you feel a tickle; then your body sends a message to your brain which causes you to sneeze.
- 4** a thick, sticky mucus; so you can breathe better
- 5** facts (and a photo) about the biggest yawn of all land animals
- 6** it is a marvellous machine; because the body takes in oxygen and moves it around to where it is needed; answers will vary.
- 7** pages 14–15; using the page numbers at the bottom of the page