



Welcome to Kalives Titan Walking Football (KTWF)

New players, women or men, played football before or beginner- should be received in a good way by everyone in the club. We will all try to help with guidance so that everyone new is included in the club and learns rules and games in a positive way.

We are all here to have fun, while at the same time getting physical exercise and good socializing.

! If you are here to win every ball, training, match, or cup, you may not be in the right club!

✓ **What is Walking Football**

As the name suggests a game of football where all players walk during a match. No running or jogging is allowed and although this is a no contact sport we do permit minimal soft physical contact. The purpose of Walking Football is for players to be active as long as possible and where players of all ages and abilities can play together.

✓ **Why Walking Football**

You're here to make new friends, become part of the community and stay as fit as is appropriate for your age. WF has many health-promoting effects. We pay attention to each other. Some players are older, some haven't played football before, some are struggling with injuries and playing within limits. What is most important is that everyone enjoys the experience and are able to take part when they choose.

✓ **Who can play: Female age 40 or over, male age 50 or over**

Some age exceptions may apply if family and close friends are visiting. But email us two days before to ask us for permission! We have a responsibility to make the best possible arrangements for our own players, so sometimes it won't be possible to have younger guests playing. Guest/young players must show consideration for the playing age group.

✓ **Rules!**

We have drawn up our own WF game rules enforced by club members who volunteer to act as referee. Read the rules! FOLLOW the rules! If we travel to other clubs, their rules will apply.

✓ **Community**

We have a strong local identity in and around Kalives/Apokoronas being known across the island of Crete through our on-line presence and extensive business sponsorship from within the village of Kalives to the larger town of Rethymno. In 2024 we were invited to take part in the Kalives annual March Carnival in recognition of our place within the community. We are a team that values good community spirit on and off the field, enjoying refreshments after every practice and social events throughout the year.

It is important to keep in mind that we represent our club when we are at joint events we organize and when we wear club clothes. This is also nice to think about if we visit some of our fantastic sponsors.

✓ **Contribution:** of €2 is payable before each game by **all players**, and we will call in for "Dugnad/work" some times a year. We are hoping to see you there.

✓ **Training- WhatsApp:** Everyone who wants to be guaranteed a place in training **MUST** use WhatsApp to sign up! Board members use time to set up teams before training, so you can have the most effective playtime.

Remember to show up well in advance. The training starts at the time we set out.

✓ **Our slogan "One of us" welcoming you as a new player.**



Website: www.kalivestitan.com **Facebook:** walkingfootballcrete **Instagram:** walking_football_kalives_titan